

TABOKANA  
HOUSE

SPA TREATMENTS

## SWEDISH MASSAGE:

**Duration: 60 minutes - \$65**

A Swedish massage is not just a luxury; it's a rejuvenating experience that enhances circulation, eases muscle soreness, and promotes overall well-being. Say goodbye to stress and hello to relaxation! Your body deserves this little getaway.



## DEEP TISSUE MASSAGE:

**Duration: 60 minutes - \$65**

Feeling tight and tense? A deep tissue massage uses a powerful technique that delves deep into the layers of muscle and connective tissue, expertly targeting those stubborn knots and tension that linger. With skilled hands applying focused pressure, this therapeutic experience promotes relaxation, alleviates chronic pain, enhances circulation, and improves flexibility.



## AROMATHERAPY MASSAGE:

**Duration: 60 minutes - \$65**

Indulge in the blissful embrace of an aromatherapy massage, where soothing scents dance through the air, wrapping you in a cocoon of tranquility! This luxurious experience combines the art of massage with the therapeutic power of essential oils, each chosen to elevate your mood, relieve stress, and rejuvenate your spirit.



## REFLEXOLOGY:

**Duration: 45 minutes - \$50**

Step into a world of relaxation and rejuvenation with reflexology, a holistic therapy that taps into the magical map of your feet and hands! This ancient practice believes that every pressure point corresponds to different organs and systems in your body, making it a powerful tool for relieving stress, boosting circulation, and promoting overall wellness.



## HEAD MASSAGE:

**Duration: 30 minutes - \$40**

Picture this: a gentle touch, soothing oils, and the sweet release of tension as skilled fingers dance across your scalp. A head massage is not just a treat for the senses; it's a blissful escape that melts away stress and revitalizes your mind. This delightful experience enhances blood circulation, promotes relaxation, and can even alleviate headaches, leaving you floating on a cloud of tranquility.



## HOT STONE MASSAGE:

**Duration: 60 minutes - \$70**

Indulge in the luxurious experience of a de-stressing hot stone massage. This ancient therapy not only soothes sore muscles but also promotes deep relaxation, enhances circulation, and uplifts your mood. As the warmth penetrates your skin, it opens up your energy pathways, leaving you feeling rejuvenated and balanced.





## **APPOINTMENT BOOKINGS:**

TO ENSURE AVAILABILITY OF YOUR DATE AND TIME PREFERENCES, WE RECOMMEND BOOKING IN ADVANCE.

## **CANCELLATIONS:**

OUR CANCELLATION POLICY REQUIRES THAT YOU PROVIDE US WITH 24 HOURS NOTICE. WE RESERVE THE RIGHT TO CHARGE FOR ANY APPOINTMENTS THAT MAY BE MISSED WITHOUT NOTICE.

## **ARRIVAL TIME:**

YOU ARE ENCOURAGED TO ARRIVE 15 MINUTES PRIOR TO YOUR APPOINTMENT. PLEASE BE ADVISED THAT LATE ARRIVALS WILL RESULT IN A REDUCTION OF TREATMENT TIME.



## **PREGNANCY:**

WE WOULD RECOMMEND THAT YOU CHECK WITH YOUR PHYSICIAN BEFORE BOOKING ANY SPA TREATMENT. SOME SERVICES MAY NOT BE AVAILABLE FOR YOU DURING YOUR FIRST TRIMESTER.

# TABOKANA

HOUSE

## OPENING HOURS

8 AM - 6 PM DAILY

TREATMENTS ARE AVAILABLE OUT OF THESE HOURS BY SPECIAL REQUEST.

## PRICES

PRICES FOR ALL SPA TREATMENTS WILL BE BILLED IN UNITED STATES DOLLARS AND ARE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE.

## SPA RETREATS

WE PROVIDE UNIQUE AND TAILOR-MADE PACKAGES TO SUIT ANY OCCASION, AVAILABLE ON REQUEST.

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